



AVOCADO FETA DIP

2 RIPE CALAVO AVOCADOS, DICED. *TIP: MAKE SURE AVOCADOS AREN'T TOO SOFT SO THEY HOLD THEIR TEXTURE*

4 OZ. FETA CHEESE, CUBED OR CRUMBLED

3 CALAVO ROMA TOMATOES, DICED

1/3 CUP RED ONION, DICED

½ CUP FRESH PARSLEY, CHOPPED

1 TABLESPOON EXTRA VIRGIN OLIVE OIL

DASH OF MINCED GARLIC

SALT & PEPPER TO TASTE

1. Combine all ingredients in a large bowl.
2. Gently fold together ingredients until mixed, taking care not to mash the avocado.
3. Remove from heat and stir in garlic, ginger and sweet chili sauce to coat chicken.
4. Serve with pita chips or dipper of choice. Enjoy!